## **HOMEMADE BABY WIPES**

We are always looking for new ways to help our clients save money. By making your own baby wipes, you will save a considerable amount of money, protect the environment, protect your plumbing (as you can flush your wipes), and provide a safer and healthier product for your babies delicate skin.

## Simply follow these steps for homemade baby wipes:

- Saw a roll of paper towels in half with a sharp non-serrated knife (you need to use a decent brand like bounty.
- Place half of the roll in an old "pull up" style wipe container (similar to the Chlorox wipes containers currently out now). Place the other half in the closet for use when you make the next batch.
- Pour the following mixture over it:
  - o 2 cups warm water
  - o 2 tbsp. baby shampoo
  - o 2 tbsp. baby oil
  - o 2 tsp. Grapefruit Seed Extract (antibacterial/antibiotic to prevent infection and rash)
- Allow the mixture to soak into the towels until completely saturated
- Pull the cardboard roll out of the center and feed the towels up through the hole.

## Special Notes:

- Make sure to boil the water for a couple of minutes prior to mixing with the other ingredients. This keeps it from getting musty smelling later on.
- Add the Grapefruit Seed Extract after the water is done boiling so it will be dissolved.
- Allow the water and Grapefruit Seed mixture to cool slightly (you want it warm, not boiling hot) before adding other items.